

The S UR C M

**Autumn
2026**

Enlarge the Place of Your Tent

**Introduction by Ruth Dowsett
Healing Testimonies
Welcoming New Trustees
Teaching From Ian Dowsett
Spotlight on Rest and Receive
And more!**

Introduction

by Ruth Dowsett



You'll have seen from the front cover, that we've entitled this latest edition of The Source, 'Enlarge the place of your tent'. These words are found in Scripture:

Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes – Isaiah 54 v2

These words resonate deeply with me at this time. Both in my personal life and in the life and ministry of The Well.

As many of you will know I was diagnosed with breast cancer in July 2025. Having undergone six months of chemotherapy followed by minor surgery, I was then declared cancer free in March 2026 – hallelujah!

As you can imagine, 2026 began in a very sedentary way. With feeling so unwell at times, I was often housebound. However, as the year has progressed, I have regained energy and strength. Initially this meant taking short walks around Jephson Gardens. I then increased my steps to taking a coastal walk on our holiday over the summer and last weekend I completed a 5K Park Walk in Newbold Comyn. Hooray! As I approach the end of the year, when I feel able, my sights are set on taking up exercise to increase my strength and stamina even further.

As is often the way in life, it's important to start small and build up gradually. To enlarge, stretch and increase little by little (as Exodus 23:30 says), rather than in one huge step which we most likely wouldn't be ready for or sustain. The directive in Isaiah 54:2 to "enlarge" the tent, stretch the curtains, lengthen cords, and strengthen stakes reflects practical preparation for accommodating more people and ensuring stability. To be ready for God's blessing and expansion in life, ministry and community.

This verse also summarises for me where we currently find ourselves in the life and ministry of The Well Christian Healing Centre. Ian and I spent our first six months at The Well getting to know the team, familiarising ourselves with the systems and processes behind the scenes as well as learning the ropes of the core ministries of The Well, including Prayer Ministry, Quiet Mornings and Rest and Receive. Therefore, having strengthened our own understanding of the foundations of The Well, we now find ourselves in a position to extend the reach of this ministry. Beginning this Autumn term, here are a few ways we've felt the Lord leading us to do this:

Monday – Thursday, 10am – 12pm and 2pm – 4pm, The Well will be open for **sanctuary** A peaceful place of refuge and rest in a noisy, chaotic world. A chance to come and enjoy time to rest, reflect and pray in our Encounter Space. This is a drop-in service; no booking is required.

For anyone who's unable to come to The Well in person, we are now offering Online prayer appointments at flexible times during the week. Please do encourage any of your friends or family to sign up via our website.

Saturday morning prayer ministry - we have extended our opening times for prayer ministry appointments, to include the 3rd Saturday of each month from 10am – 12pm. The next available prayer appointments are on Saturday 21st November 2026.

On Saturday 24th October we'll be hosting the first of our Teaching Days at The Well from 10am – 3.30pm. David Vincent will be speaking on 'Healing the Land'. Please click on the link towards the end of The Source to book this.

Finally, please do also pray for us as we seek to establish connections with churches and organisations locally. Just as the disciples needed to call on the help of other partners to haul in the large catch of fish (Luke 5:7), we recognise that we can't do the ministry of The Well alone.

We hope that you will enjoy reading about how God is at work and that you will be encouraged to engage more with the renewing ministry here at The Well.

Healing Testimony - Kat



As I write this, I have tears in my eyes. Tears of gratitude. Receiving prayer at The Well has allowed me to move forward in my life and has been fundamental in my healing journey.

The Well is 'a thin place' where you can tangibly experience God's love, peace and presence. It's such a haven.

When I first arrived for my prayer appointment, I was warmly welcomed by Sheila at reception. I could help myself to a drink and a biscuit and then sit on a comfy sofa in the main room. Here calm soaking music was being played as beautiful pictures came up on the screen with Bible verses.

Just under two years ago my dad passed away. This brought up a lot of emotions and issues for me. I had a few weeks of deep prayer sessions with Anne Hibbert, the founder of The Well and discovered a lot about God and about myself. I went through a journey of processing which included repentance and forgiveness in my heart. I cried a lot in my prayers sessions and laughed a lot too. I experienced breakthroughs, peace, freedom and wholeness.

I am so thankful to the kindness, love and care I was shown by the volunteers who prayed with me during my prayer sessions. I felt accepted and was given space to be.

It is so wonderful to be supported in this way. It also enables me to extend care and love to others. This September at 47 years of age I have re-enrolled at Uni to train as a healthcare play specialist, something I had found hard to do after my Dad's death. I will work with children who are ill in hospital and do therapeutic play activities with them. I feel called to work in the Oncology department. I hope by doing this work I will bring the light, hope, peace and joy of Jesus to them.

Life is a journey and I know that I will come to The Well again for prayer. I really recommend, if you are in need, to come to The Well and drink the life-giving waters that God has for you.

**"But whoever drinks the water I give him will never thirst.
Indeed, the water I give him will become in him
a fount of water springing up to eternal life."**

- John 4:14

Welcoming Our New Chair of Trustees

- Richard Street -

It is my privilege to write this as the new Chair of Trustees. My wife, Clare, and I have lived in the Rugby area for around 20 years, and we have both experienced the transformative impact of The Well's ministry.

I want to begin by thanking Jonathan Tidd, our previous Chair, for his excellent and servant-hearted leadership over the last 10 years. I know I speak for Anne, Ian, Ruth and the whole team in saying how grateful we are to him. We wish Jonathan and his family much joy and freedom in this next season.

There's a saying: "Not all good ideas are God's ideas, but all God's ideas are good ideas!" The Well is undoubtedly God's idea, first revealed to Anne Hibbert around 24 years ago. The fruit we see year after year is a wonderful testimony to that.

Hundreds of people encounter God through The Well each year, experiencing what I believe is a holy exchange: heavy burdens replaced with a smile, lightness and joy. We hear this in the feedback from guests and the testimonies of our prayer partners. God is so good! He graciously partners with us to bring His healing touch.

God has also faithfully provided for The Well through this year of transition. This autumn marks the first anniversary of Ian and Ruth receiving the baton as co-leaders. They have established themselves wonderfully, built a strong team spirit and begun to extend the reach of The Well, as Isaiah 54:2 encourages us: "Enlarge the place of your tent, stretch your tent curtains wide."

Alongside continuing our existing ministry, we have begun offering online prayer appointments and opening 20 Augusta Place on multiple occasions during the week as a place of sanctuary. Please pray that we will be obedient to the Lord's call to "not hold back".



Becoming Chair was certainly not something I had planned, but when asked I felt the nudge of the Holy Spirit to step up. It is an absolute joy to work with the whole team. Whatever our individual role, I see us simply as stretcher-bearers, as in Mark 2:1–5, bringing precious but broken people to Jesus for healing.

Thank you to everyone who partners with us through prayer and financial giving. We do not take this for granted. As we reach more people, we also need to strengthen our financial reserves, and we would be grateful if you would consider investing further in the future of The Well.

I'm also delighted to welcome Rev. Richard Brooker as a new trustee, bringing valuable experience in communications and marketing alongside his chaplaincy roles.

As we enter this new season, may it be a time of spiritual harvest, with many lives transformed by the love and power of God.

Yours in Christ,

Richard Street (Chair of Trustees)



Healing Testimony

One of our Rest and Receive guests, Julie, recently shared how God has been at work in her life.



Please scan the QR code
or click the link below to watch and listen
to her testimony:



 WATCH NOW

To register for one of our
Rest and Receive events,
please click the link here:



Rest and Receive by Sue Wright



Rest and Receive offers a peaceful space to step away from everyday pressures, become still in God's presence and receive his love.

I first became involved many years ago, when the ministry was known as Soaking Prayer and met in St Peter's Church Hall in Dale Street. Back then, creating a comfortable space involved a great deal of setting up and packing away. Now, at 20 Augusta Place, we benefit from excellent facilities and the wonderful sense of God's presence that fills the building.

Rest and Receive does, as we often say, 'what it says on the tin!' It's an opportunity to step away from our everyday lives and all the stresses and strains and step into God's loving peacefulness - to rest and receive. To "be still and know that I am God" (Psalm 46:10).

Our guests are first welcomed with hot drinks and biscuits. After a brief introduction and short talk in the foyer, we move into the Encounter space, where everyone can settle comfortably on a chair, a sofa or a mat on the floor.

For the next hour beautiful Christian music, mostly instrumental, plays alongside lovely images and words of scripture. Members of the prayer team pray silently in their role as prayer watchmen/ women. We ask for our prayers to be led by the Holy Spirit and this always involve listening as well as praying into the prayer requests shared confidentially by our guests. Numbers vary but we are so encouraged that each person comes with a searching heart - whether a few or many each session is unique in it's own way.

It is an amazing privilege to serve on team for these afternoons. We often see guests leave refreshed and visibly 'lighter' having had the opportunity to be still and rest in God's love.

I was drawn to this ministry as it's all about turning our focus to Jesus. It's a joy to join in with what he wants to do by sharing words, pictures or scriptures as he guides and reveals. It's gentle but powerful!! It offers people of faith and no faith an introduction to God's heart for their lives, while supporting and affirming what he may already be doing through prayer appointments at The Well as they journey towards greater healing and freedom.

As a team, we too are deeply blessed by what God does in these sessions. If you have not yet experienced it, I warmly encourage you to come along and Rest and Receive. Although we no longer call it "Soaking" Prayer, it is still very much a (Royal Leamington) Spa treatment for the spirit.

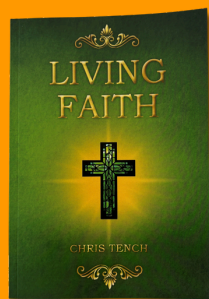
A New Poetry Book by Chris Tench

**We are very excited to reveal a new poetry book written
and compiled by Chris Tench!**

Here is a poem from this book for your enjoyment:

Seize the day!
Rejoice in it's promise.
A new beginning,
A fresh start,
Where circumstances are not hurdles barring the way
But opportunities to overcome in His power;
Where soul and spirit can soar,
Weightless with joy and wonder;
Where love flows,
Transforming every thought and every act
With understanding;
Where, surrendered to His presence,
Life has new light,
Hope, new trust,
Peace, new depth.

**Purchase
a copy
by clicking
the book:**



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Stretch Out Your Hand

by Ian Dowsett, The Well's Co-Director



“What is our role in the healing work of God?”

This, or something similar, is a common question on our Church Healing Prayer Training courses.

Ultimately all healing is from God. As Moses would declare God is Yahweh Rapha, the LORD who heals (Exodus 15:26) and healing is one of the ‘good and perfect gifts’ which we are told come from our Father in heaven (James 1:17).

And yet God chooses to partner with us in bringing his healing to this world. One major way is through the gift of medical science and all that our health care system can do. Another way is praying for those who are sick in body, mind and soul.

Recently as I was preparing for one of our fortnightly Rest and Receive events, I heard God lay on my heart the phrase “Stretch out your hand”.

As I looked at this phrase in scripture it is used to describe God at work in the world. He stretches out his hand to put an end to injustice, to put words in the mouth of his prophets, to rescue and save his people and to heal!

The phrase is also used of people reaching out to God in surrender, repentance and petition.

But on two other main occasions it is used as an example of how God wants to partner with us in bringing about his purposes on the earth:

The first is in Exodus, the great story of God’s rescue of his oppressed people from Egypt. Nine times God tells Moses or Aaron to ‘stretch out their hand’ to signal the start of a miraculous God intervention.

So began the Nile turning to blood, the plagues of frogs, gnats, hail, locust & darkness. Even more dramatically as the escaping Israelites find themselves trapped between the watery expanse of the Red Sea and a vengeful Egyptian army, Moses is told to reach out his staff over the water and at that moment God causes a way where there was no way!

What we see is Moses doing a simple, physical, natural act and God steps in doing the impossible, supernatural miracle. Each plays their part.

The second is Jesus' healing a man with a shrivelled hand (Mathew 12; Mark 3 and Luke 6). His instruction to the man is simple: 'stretch out your hand'. The man does what he can and is obedient to Jesus' instruction and incredibly his withered hand re-grows and is as normal as any other. Jesus challenges him to put trust in his words, through a small do-able action that leads to his healing.

We see similar do-able requests in the healing of the 10 lepers who are told to go to the priests & are healed on the way (Luke 17:14) and Lazarus whose gravestone the people removed and whose graveclothes were unwrapped, while God blows their minds by raising him from the dead! (John 11:38-44)

Our role in healing is to partner with God! To do the ordinary thing, the simple act of obedience that leads to wholeness, healing and newness of life for another human being. Although God is able to reach out his hand and save, he chooses to ask for our involvement.

When we encounter friends, family and work colleagues who are sick – let us ask God what is the small act He wants us to do for them: to pray, to reach out to them, to move stones or lift staffs. Then let us watch on in wonder as God does the impossible restoration that only he can!



Helping Others Pray For Healing

Ian
Dowsett

At the Well we love praying for people and seeing God work in their lives. But we also want churches across the UK to be equipped to do the same. Several churches already have a Prayer Ministry Team that prays with people during or after their services. Our heart is to refresh existing members, train new members and to support churches as they establish a new prayer ministry.

In the last year we have had several opportunities to train adults and young people to pray for others in their churches. In March, Anne Hibbert ran a training course for St John's Harborne. Their vicar, Jon Tattersall, said;

"The training today has been wonderful, because it has given us real skills and ways of responding to what God is doing in people's lives . . . seeing God meet in powerful and spectacular ways. It's been beautiful!"

"I really commend the Well to you! If you've never used the Well or had access to their resources or their training, do it – it's brilliant and it will transform your church."

**Watch Jon's Full video feedback by
clicking this button below:**



At the beginning of September Ian Dowsett and Martin Clarke led the first evening session at Martin's church in Knowle:

"It has given me confidence to step out of my comfort zone. I am new to this"

"Greater clarity of how to pray"

"Very well delivered, honest and informative"

"I thought the training course was excellent . . . relaxed, yet structured and focused style and covered a lot of ground."

Every term we put on a 2-part course run on a Saturday or two weekday evenings that gives people a clear understanding of Jesus' healing ministry and how we get to join in with it today. We go through many practicalities for prayer and of course give space for people to have a go!

More feedback from Healing Prayer Training Attendees:

"Very informative"

"Clear and easy to understand"

"Great balance in teaching vs activation moment to build confidence."

**Why not sign up to the next course at The Well
or contact us about running a course at your church**

**Call 01926 888 003, email office@wellhealing.org
or go to our Healing Prayer Training webpage
by clicking the link below:**

CLICK HERE



New For October!

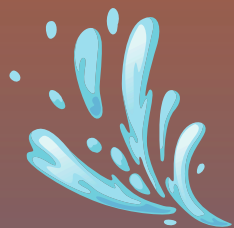
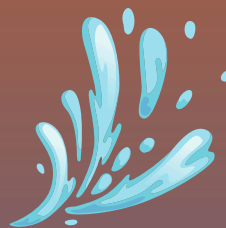
A peaceful place of refuge in a noisy and chaotic world

sanctuary

The Well will be open each week, Monday to Thursday
10am to 12pm and 2pm to 4pm
Come inside to rest, reflect and pray.

Coming Up!

25th Anniversary of The Well

 2027 

25th and 26th June 2027



Cards and Gifts

Our Christian themed cards and gifts have recently been refreshed with new products.

We have a range of cards, postcards, bookmarks, keyrings and more!

**You can
purchase items
in person, or
order from our
website.**

**Click the link to
go to our
online shop:**



**Cards
&
Gifts**



Guest Feedback

Please read some wonderful words of encouragement from our recent guests

Thank you! For space to be free to share openly without pressure.
A time of great blessing and restoration.

A very powerful Quiet Morning. With the presence of the Holy Spirit abundant, quieting the internal battle to gain clarity and choose His path.

The tangible presence of God is here from the moment you walk in.

The prayer training gave me confidence to speak God's word more often.

Get Involved!

The Well would not be able to offer what it does without our amazing supporters. Here are just some of the ways you can help more people to experience God's amazing healing power.

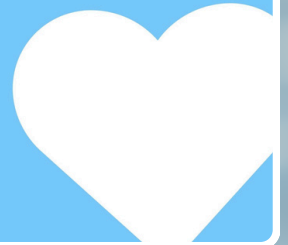
Click the boxes below to find out more about how you can partner with us:

Pray For Us



Prayer makes all we do possible — as we offer healing prayer to others, so you can pray for us!

Volunteer



The Well's ministry is made possible by many wonderful volunteers

Donate



The Well depends almost entirely on donations to deliver our healing prayer ministry to those in need, and your contribution will make a real difference to someone's life.

Thank you!

Spread The Word



Many people are searching for support and don't know where to turn. Together we can help bring God's love, healing and restoration to those who need it most.

What's On at The Well

Autumn 2026 - click the images for more info

Rest and Receive In Person Dates

Wednesday 23rd September
Wednesday 7th & Monday 19th October
Wednesday 11th & Monday 23rd November
Wednesday 2nd & Monday 14th December



Rest and Receive in person afternoons:
2pm to 3.30pm,
19th October, 11th & 23rd Nov and 2nd & 14th Dec

The Well's Teaching Day

Sat 24th October 10am to 3.30pm

(cost £17)

Speaker: David Vincent (Healing The Land)

Teaching Day

Saturday 24th October
10am to 3.30pm
Registration: £17

Guest Speaker: David Vincent



Streams in the Desert Women's Event:

9th November, 7.15pm to 9.30pm

St. Paul's Church, Leamington Spa

Guest Speaker: Ruth Dowsett

Streams in the Desert Women's Evenings

Monday 28th September: Guest Speaker -
Anne Calver
Monday 9th November: Guest Speaker -
Ruth Dowsett
Time: 7.15pm to 9.30pm
St. Paul's Church, Leamington Spa

Rest and Receive Online Dates

Monday 21st September
Monday 12th October
Monday 23rd November
Monday 14th December



Rest and Receive Online evening:
7pm to 8pm,
23rd Nov and 14th Dec

Quiet Morning

Thursday 26th November
10am to 1pm
Registration: £17

'Silent Night, Holy Night'

Guest Speaker: Rev Anne Hibbert



Quiet Morning:
26th Nov 10am to 1pm Cost: £17
Guest Speaker: Anne Hibbert
(Silent Night, Holy Night)

Quiz Night!

28th Nov 7pm to 9pm

Tickets: £5 to raise money for The Well

Quiz Night!



Need Prayer For Healing?

- Fill out an online form (click the image below)
- or Email: bookings@wellhealing.org
- or Phone: 01926 888003

We can pray for you!



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